



Health Studies Minor

Code	Title	Credits
Required Courses		
HPER 210	First Aid & CPR	1
HPER 212	Introduction to Stress Management	2
HPER 300	Drug Education and Information	3
HPER 315	Communicable and Non-Communicable Diseases	3
HPER 380 or PSYC 380	Instructional Methods in Human Sexuality Human Sexuality	3
HPER 400	Current Issues in Community Health	3
PSYC 480	Health Psychology	3
Directed Electives (2 courses required)		4-6
HPER 240	Principles of Nutrition	
HPER 350	Sport Ethics	
HPER 425	Sport Psychology	
SOC 220	The Family	
SOC 251	Introduction to Gerontology	
Total Credits		22-24