



# Athletic Coaching Minor

Code	Title	Credits
<b>Required Courses</b>		
HPER 108	Exercise Techniques for Resistance Training	1
HPER 207	Prevention and Care of Athletic Injuries	2
HPER 210	First Aid & CPR	1
HPER 240	Principles of Nutrition	3
HPER 307	Philosophy and Application of Coaching	2
HPER 350	Sport Ethics	2
HPER 498	Coaching Practicum	1-2
Students taking Coaching Practicum must register for HPER 498 and arrange the Practicum through the course instructor. Prerequisites HPER 207 and HPER 210		
<b>Electives</b>		
Select 6 credits from the following:		6
COMM 415	Sports Information	
HPER 212	Introduction to Stress Management	
HPER 215	Motor Behavior	
HPER 225	Leadership in Sport	
HPER 258	Applied Anatomy, Physiology, and Human Performance	
HPER 259	Applied Anatomy, Physiology, and Human Performance	
HPER 335	Legal Aspects of Sport	
HPER 300	Drug Education and Information	
HPER 309	Sport Nutrition Concepts	
HPER 382	Strength and Conditioning for High School Athletes	
HPER 410	Organization and Administration of Physical Education and Sport	
HPER 425	Sport Psychology	
The same courses may not be used to fulfill requirements in two areas except when the student is graduating with a double major or more than one minor.		
<b>Total Credits</b>		<b>18-19</b>