



Health Education Minor

Code	Title	Credits
Required Courses		
HPER 210	First Aid & CPR	1
HPER 240	Principles of Nutrition	3
HPER 300	Drug Education and Information	3
HPER 315	Communicable and Non-Communicable Diseases	3
HPER 380	Instructional Methods in Human Sexuality	3
HPER 390	Secondary Health Education Methods	3
HPER 400	Current Issues in Community Health	3
Electives		
Select 3-4 hours from the following:		3-4
BIOL 220	Human Anatomy and Physiology I	
BIOL 221	Human Anatomy and Physiology II	
BIOL 310	Microbiology	
BIOL 315	Genetics	
HPER 206	Fundamentals of Teaching Health and Physical Education	
HPER 207	Prevention and Care of Athletic Injuries	
HPER 208	Introduction to Physical Education	
HPER 212	Introduction to Stress Management	
HPER 258	Applied Anatomy, Physiology, and Human Performance	
HPER 259	Applied Anatomy, Physiology, and Human Performance	
HPER 285	Introduction to Adapted Physical Education	
HPER 410	Organization and Administration of Physical Education and Sport	
MATH 321	Applied Probability and Statistics	
PSYC 370	Abnormal Psychology	
SOC 220	The Family	
SOC 251	Introduction to Gerontology	
Total Credits		22-23