



## Athletic Coaching Minor

Code	Title	Credits
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### Required Courses

HPER 108	Exercise Techniques for Resistance Training	1
HPER 207	Prevention and Care of Athletic Injuries	2
HPER 210	First Aid & CPR	1
HPER 240	Principles of Nutrition	3
HPER 307	Philosophy and Application of Coaching	2
HPER 350	Sport Ethics	2
HPER 498	Coaching Practicum	1-2

Students taking Coaching Practicum must register for HPER 498 and arrange the Practicum through the course instructor.

Prerequisites HPER 207 and HPER 210

### Electives

Select 6 credits from the following: 6

COMM 415	Sports Information
HPER 212	Introduction to Stress Management
HPER 215	Motor Behavior
HPER 225	Leadership in Sport
HPER 258	Applied Anatomy, Physiology, and Human Performance
HPER 259	Applied Anatomy, Physiology, and Human Performance
HPER 335	Legal Aspects of Sport
HPER 300	Drug Education and Information
HPER 309	Sport Nutrition Concepts
HPER 382	Strength and Conditioning for High School Athletes
HPER 410	Organization and Administration of Physical Education and Sport
HPER 425	Sport Psychology

The same courses may not be used to fulfill requirements in two areas except when the student is graduating with a double major or more than one minor.

<b>Total Credits</b>	<b>18-19</b>
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