## Athletic Coaching Minor

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HPER 108</td>
<td>Exercise Techniques for Resistance Training</td>
<td>1</td>
</tr>
<tr>
<td>HPER 207</td>
<td>Prevention and Care of Athletic Injuries</td>
<td>2</td>
</tr>
<tr>
<td>HPER 210</td>
<td>First Aid &amp; CPR</td>
<td>1</td>
</tr>
<tr>
<td>HPER 309</td>
<td>Sport Nutrition Concepts</td>
<td>3</td>
</tr>
<tr>
<td>HPER 350</td>
<td>Sport Ethics</td>
<td>2</td>
</tr>
<tr>
<td>HPER 498</td>
<td>Coaching Practicum</td>
<td>1-2</td>
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</tbody>
</table>

Students taking Coaching Practicum must register for HPER 498 and arrange the Practicum through the course instructor. Prerequisites HPER 207 and HPER 210.

### Electives

Select 4 hours from the following:

- HPER 301 Philosophy and Application of Football Coaching
- HPER 302 Philosophy and Application of Basketball Coaching
- HPER 303 Philosophy and Application of Volleyball Coaching
- HPER 304 Philosophy and Application of Baseball and Softball Coaching
- HPER 305 Philosophy and Application of Track and Field Coaching
- HPER 307 Philosophy and Application of Coaching

### Electives

Select 4-6 hours from the following:

- COMM 415 Sports Information
- HPER 212 Introduction to Stress Management
- HPER 215 Motor Behavior
- HPER 300 Drug Education and Information
- HPER 301 Philosophy and Application of Football Coaching
- HPER 302 Philosophy and Application of Basketball Coaching
- HPER 303 Philosophy and Application of Volleyball Coaching
- HPER 304 Philosophy and Application of Baseball and Softball Coaching
- HPER 305 Philosophy and Application of Track and Field Coaching
- HPER 307 Philosophy and Application of Coaching
- HPER 338 Modern Sports Officiating
- HPER 410 Organization and Adminstration of Physical Education and Sport
- HPER 425 Sport Psychology

The same courses may not be used to fulfill requirements in two areas except when the student is graduating with a double major or more than one minor.

### Total Credits

18-21