



Health Education

About this Composite Major

The Health Education major prepares students to work as health educators within public school systems, grades 5-12. Students will study nutrition, human sexuality, drug education, and contemporary health issues. The curriculum in health education seeks to enhance knowledge in health services, health in the environment, and health instruction in public schools. Students will also become comfortable and skilled with the use of technology and will be able to demonstrate its application in the educational setting. Throughout the curriculum, learners will work with master teachers who will prepare the student to effectively teach in today's health education classroom.

Meet a Student



I am forever indebted to VCSU and the educational experience I was provided. The student-based curriculum truly embraces each future teacher's potential. The Health and Physical Education (HPE) program consistently demonstrated enhancement, advancement and collective progression in an intimate way. The HPE program also provided a hands-on experience that fosters growth professionally, ethically and educationally. The demonstrations and educational practices of the HPE program provided elevating innovation. While at times the expectations were rigorous and overwhelming, those anxieties were comforted with professional experience, belief, and most importantly quality instruction. Choose a good college to become a good teacher. Choose VCSU to become a teacher who is a difference maker. - Darius Graves '19

Accreditations

- Council for the Accreditation of Educator Preparation (CAEP)

Get Involved in your Major



The VCSU SHAPE Club provides students in physical education and health education opportunities to discuss current topics in their respective professions and collaborate to provide community outreach programs. The VCSU SHAPE Club strives to build young Health and Physical Education professionals through experiences while attending conferences such as the ND SHAPE Conference, the MN SHAPE Conference, and the Pre-Professionals Workshop. By attending these conferences, our majors gain Health & PE content knowledge and skills, experience in presenting content to their peers, as well as collaboration with veteran Health and PE teachers and administrators from across the tri-state area. Also, on campus, students can join Kappa Delta Pi (KDP) or Student North Dakota United (SNDU), amount many other organizations.

Teacher Education Requirements

Students are typically admitted into Teacher Education during their sophomore year or beginning of their junior year of college. This program requires a minimum cumulative GPA of 2.75 or higher and successful completion of the Praxis I test. Additional criteria for Admission to Teacher Education can be found at the following website: www.onestop.vcsu.edu (<https://onestop.vcsu.edu/support/solutions/articles/10000052001-teacher-education/>).



Contact Information

Department Chair

Dr. Rachelle Hunt, rachelle.hunt@vcsu.edu, (701) 845-7260

Faculty Contact

Amber Thompson, amber.thompson.1@vcsu.edu, (701) 845-7582

Department Location

Gaukler Family Wellness Physical Education Center, 149,
(701) 845-7580

Schedule your visit today!

<http://visit.vcsu.edu/>

(701) 845-7101 or (800) 532-8641, ext. 7101

Plan of Study

First Year

Fall	Credits	Spring	Credits
English Composition (Gen Ed)	3	English Composition (Gen Ed)	3
HPER 210	1	HPER 212	2
Lab Science (Gen Ed)	4	MATH 104, 107, or 210 (Gen Ed)	3
Computer Science and Literacy (Gen Ed)	3	PSYC 111 (Gen Ed)	3
UNIV 150	1	Speech Communications (Gen Ed)	3
Wellness (Gen Ed)	2		
	14		14

Second Year

Fall	Credits	Spring	Credits
EDUC 250	3	Additional Humanities or Social Science (Gen Ed)	2
HPER 258	3	Art and Music (Gen Ed)	3
HPER 300	3	EDUC 240	3
Lab Science (Gen Ed)	4	HPER 206	3
Social Science (Gen Ed)	3	HPER 259	3
	16		14

Third Year

Fall	Credits	Spring	Credits
EDUC 283	3	Directed Elective	3
EDUC 352	1	EDUC 300	2
HPER 308	3	EDUC 351	1
Literacies (Gen Ed)	3	EDUC 375	2
		HPER 315	3
		HPER 380	3
		PSYC 250	3
	10		17

Fourth Year

Fall	Credits	Spring	Credits
EDUC 400	2	EDUC 480	10
HPER 390	3		
HPER 400	3		
EDUC 450	2		
	10		10

Total Credits 105

Please note: This plan is intended for general information only. Students are strongly encouraged to meet with their academic advisor each semester before registration.