



# Athletic Coaching Certificate

Code	Title	Credits
<b>Required Courses</b>		
HPER 108	Exercise Techniques for Resistance Training	1
HPER 207	Prevention and Care of Athletic Injuries	2
HPER 210	First Aid & CPR	1
HPER 307	Philosophy and Application of Coaching	2
HPER 350	Sport Ethics	2
HPER 498	Coaching Practicum	1-2
<b>Electives</b>		
Select one of the following:		2-3
HPER 212	Introduction to Stress Management	
HPER 300	Drug Education and Information	
HPER 308	Introduction to Nutrition	
HPER 309	Sport Nutrition Concepts	
HPER 410	Organization and Administration of Physical Education and Sport	
HPER 425	Sport Psychology	
Students taking Coaching Practicum must register for HPER 498 and arrange the Practicum through the course instructor. Prerequisites: HPER 207 and HPER 210		
The same courses may not be used to fulfill requirements in two areas except when the student is graduating with a double major or more than one minor.		
<b>Total Credits</b>		<b>11-13</b>