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## **Viking Pathway**

**Viking Pathway** is an inclusive college program serving students with intellectual disabilities. Students are supported in the domains of academics, employment, independent living, social skills, and wellness.



## **Mission**

Viking Pathway provides resources and supports to help students with intellectual disabilities move forward in the areas of academics, employment, independent living, social skills, and wellness.

## **Vision**

Our vision is to develop and deliver inclusive pathways to students with intellectual disabilities that result in successful engagement in meaningful employment and life opportunities.

## **What We Offer:**

- Academic Support Viking Pathway students can take classes for credit or audit. Students are supported in and outside of classes by peer mentors. Peer mentors attend classes with Viking Pathway students and assist with study skills and homework outside of classes.
- **Job Coaching** The end goal for all Viking Pathway students is to be engaged in meaningful, competitive employment. Students will work in the community or on campus in an area of interest. Their jobs will evolve as they progress through the program. Peer mentors will serve as job coaches to assist Viking Pathway students as they grow familiar with their job duties and expectations.

- Independent Living Skills Individual independent living skills will be identified in person-centered planning meetings, helping each Viking Pathway student gain the necessary skills to successfully live on their own. Peer mentors will assist by giving students opportunities to learn and practice independent living skills.
- Social Skills Viking Pathway students will be encouraged
  to attend campus social events with their peer mentor(s).
  These events will help students hone their social skills,
  build relationships with peers, and feel a sense of
  belonging on campus and in the community.
- Wellness & Recreation Viking Pathway students have access to on-campus facilities to exercise with their peers or independently. Peer mentors will help support students to explore various recreational activities.



For more information, please contact Heather Peschel, Project Director, at heather.peschel@vcsu.edu or Janna Kohler, Project Coordinator, at janna.kohler@vcsu.edu

This project is funded in part by the U.S. Dept. of Education Office of Post-Secondary Education, TPSID Grant to NDCPD at Minot State University (P407A200032). To learn more, visit NORTH DAKOTA IMPCCT (https://ndcpd.org/north-dakota-impcct/)